



PURE ISOLATE

BUILD LEAN
MUSCLE FASTER
WITH EASY DIGESTION



₹ 8599/-

Net. Wt.: 4.4lbs

60 Servings

SUPPLEMENT FACTS

Serving Size: 1 Scoop (33g)
Servings per Container: 60 Approx



	Amount per Serving	% Daily value*
Calories	119	
Total Fat	<1g	2%
Saturated Fat	0g	5%
Total Carbohydrate	1.5g	4%
Dietary Fiber	0g	5%
Sugars	0g	**
Cholesterol	85mg	10%
Calcium	180mg	9%
Iron	24mg	7%
Sodium	210mg	8%
Potassium	190mg	7%
Glutamine	3g	15%
Protein	26g	28%

* Percent Daily Values (%DV) are based on a 2,000 calories diet.
Your daily values may be higher or lower depending on your calorie needs.
** Daily Value not established.

MALAI KULFI



CHOCOLATE



www.musclesquadnutrition.com

PURE WHEY

LEAN MUSCLE GROWTH
100% PURE WHEY
CONCENTRATE

₹ 7299/-

Net. Wt.: 4.4lbs

60 Servings



SUPPLEMENT FACTS

Serving Size: 1 Scoop (33g)
Servings per Container: 60 Approx

	Amount per Serving	% Daily value*
Calories	139	
Total Fat	3g	2%
Saturated Fat	1g	5%
Total Carbohydrate	4g	4%
Dietary Fiber	1g	5%
Sugars	0g	**
Cholesterol	35mg	10%
Calcium	123mg	9%
Iron	1mg	7%
Sodium	180mg	8%
Potassium	335mg	7%
Glutamine	2g	15%
Protein	24g	28%

* Percent Daily Values (%DV) are based on a 2,000 calories diet.
Your daily values may be higher or lower depending on your calorie needs.
** Daily Value not established.

MALAI KULFI



CHOCOLATE



www.musclesquadnutrition.com

BULK BUILDER

SUPPORT ENDURANCE
AND RECOVERY
FROM WHEY

₹ 4999/-

Net. Wt.: 6lbs

55 Servings



SUPPLEMENT FACTS

SERVING SIZE: 50g (2 Heaped Scoop Approx.)		
Amount	Per Serving	RDA %
Calories	672 kcal	16.8 %
Calories from Fat	27 kcal	1.3 %
Protein	50 g	37.0 %
Total Carbohydrates	114 g	--
of which Added Sugar	0 g	--
Total Fat	3 g	--
Saturated Fat	2 g	--
Trans Fatty Acid	0 g	--
Dietary Fiber	500 mg	--
Calcium	500 mg	50.0 %
CaHMB (Calcium Hydroxyl Methyl Butyrate)	300 mg	--
Phosphorus	200 mg	20.0 %
Sodium	30 mg	1.5 %
Papain (Digestive Enzyme)	300 mg	--
Added Amino Acids		
Creatine	3000 mg	--
L-Arginine	2000 mg	--
L-Taurine	1200 mg	--
L-Ornithine L-Aspartate	600 mg	--
Added Natural Herbs		
Fenugreek Extract	300 mg	--

RDA% (RECOMMENDED DIETARY ALLOWANCES %) ARE BASED ON A 2000 CALORIE DIET, PER 100g SERVING

KESAR KULFI



CHOCOLATE



www.musclesquadnutrition.com

RELOADED MASS

SUPPORT BULK
MUSCLE GROWTH
RAPID WEIGHT GAIN

₹ 4799/-

Net. Wt.: 6lbs

55 Servings



SUPPLEMENT FACTS

Serving Size : 1 Scoop (50g) Serving per Container : 55 approx. 

COMPOSITION	PER 100G with water	PER 100G with milk
Energy	379.3kcal	425kcal
Total Fats	1.7g	2.74g
Saturated Fat	0.6g	1.22g
Carbohydrates	61g	66.4g
of which sugars	4g	9g
Dietary Fibre	2.5g	2.5g
Glutamine	3g	3g
PROTEIN	30g	33.3g
ADDED VITAMIN & MINERALS (per serving)		
Vitamin C	29mg	Magnesium 90mg
Vitamin D	5mcg	Pantothenic acid 15mg
Vitamin E	11mg	Iron 10mg
Vitamin B6	0.75mg	Zinc 21mg
Vitamin B12	22mg	Copper 427mcg
Niacin	21mg	Chromium 110mcg
Potassium	1427mg	Calcium 410mcg
Sodium	521mg	Phosphorus 150mg

* Percent Daily Values (%DV) are based on a 2,000 calories diet.
Your daily values may be higher or lower depending on your calorie needs.

KESAR KULFI



CHOCOLATE



www.musclesquadnutrition.com

WEIGHT WARRIOR GAIN

HIGH CALORIE MUSCLE BUILDING FORMULA



₹ 4699/-

Net. Wt.: 6lbs

36 Servings

SUPPLEMENT FACTS

Serving Size : 1 Scoop (75g) Serving per Container : 36 approx. 

Approx. Composition	Per Serving	%DV
Energy (kcal)	302.6	**
Total Fat (g)	2.5	6%*
Saturated Fat (g)	1.9	15%*
Protein (g)	22	120%*
Total Carbohydrate (g)	41	111%*
Sugars (g)	1.3	**
Dietary Fiber	0.8	7%*
Cholesterol (mg)	33.9	43%
Sodium (mg)	26.4	33%
Calcium (mg)	44	96%
Iron (mg)	0.32	13%
Potassium (mg)	72	26%
L-Glutamine (g)	2.0	**
BCAAs (g)	4.5	**

* Percent Daily values are based on a 2,000 calories diet.

** Daily value (DV) not established.

KESAR KULFI



CHOCOLATE



www.musclesquadnutrition.com

STRENGTH STRIVE

POWERED FOR
RECOVERY & HYDRATION
FOR INTENSE WORKOUT

₹ 2699/-

Net. Wt.: 250gm

42 Servings



NUTRITION FACTS

Serving Size : 1 Scoop (5g)
Serving per Container : 25 approx.



Amount Per Serving		% DV*
Beta Alanine	2500mg	
Betaine Anhydrous	1000mg	
VITAMIN SOURCE		
Vitamin B1	1050mcg	61.76%
Vitamin B6	160mg	
Vitamin C (Ascorbic Acid)	80mg	49.17%
ENERGY SOURCE		
Caffeine	150mg	
Coffee Bean Extract	125mg	
PUMPING		
Arginine AKG	1000mg	
Citrulline Malate	1000mg	
FOCUS		
L-Tyrosine	125mg	
Choline Bitartrate	150mg	
STRENGTH		
Taurine	400mg	
Potassium Chloride	50mg	
Sodium Citrate	100mg	

Other Ingredients : Citric Acid, Malic Acid, Silicon Dioxide, Natural Extract, Sucralose, Natural & Artificial Flavour

ORANGE



COLA



WATERMELON



www.musclesquadnutrition.com

PURE CREATINE MONOHYDRATE

THE ULTIMATE
FUEL FOR MUSCLE
GROWTH & REPAIR

₹ 2099/-

Net. Wt.: 300gm

100 Servings

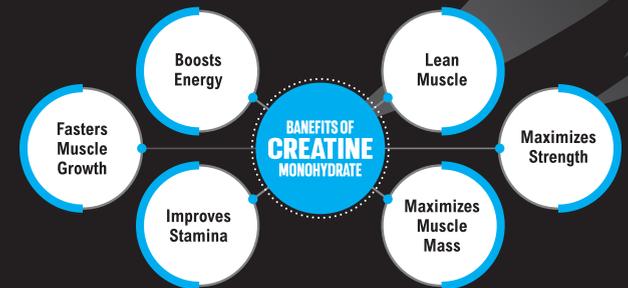


NUTRITION FACTS

Serving Size : 1 Scoop (3g) approx
Serving per Container : 100

Amount Per Serving		% DV*
MICRONIZED CREATINE	3g	**

* % Daily values are based on 2,000 calorie diet
**Daily percent value not established
Other Ingredients : NONE



UNFLAVOURED



www.musclesquadnutrition.com

SUPREME WHEY PROTEIN



₹ 6899/-

Net. Wt.: 4.4lbs

60 Servings



SUPPLEMENT FACTS

Serving Size: 1 Scoop (33g)
Servings per Container : 60* Approx



	AMOUNT PER SERVING	Per 100g
Energy (kcal)	126.5	383.3
Protein (g)	23	69.6
Total Carbohydrate (g)	3	9.09
Sugars (g)	0	0
Total fat (g)	2.5	7.57
Saturated Fat (g)	1.2	3.63
Dietary Fiber (mg)	3000	9090
Sodium (mg)	145	151
Zinc (mg)	110	45.4
Creatine (mg)+	3000	9090

*Percent Daily Value are based on recommended daily allowances as per serving size according to the Indian Council of Medical Research Guideline 2010.
† Amino Acid, Vitamin & Minerals are not separately added; these are occurred in natural resources.
**RDA not established.



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HYDRO MUSCLE GAINER



₹ 4299/-

Net. Wt.: 6lbs

54 Servings



SUPPLEMENT FACTS

Serving Size: 1 Scoop (50g)
Servings per Container : 54* Approx



AMOUNT PER SERVING Per 100g	
Energy (kcal)	428 kcal
Protein (g)	21g
Total Carbohydrate (g)	77.4 g
Sugars (g)	1.5 g
Total fat (g)	3.54 g
Saturated Fat (g)	1.72 g
Dietary Fiber (mg)	0 g
Creatine Monohydrate	5 g
Calcium	315 mg

*Percent Daily Value are based on recommended daily allowances as per serving size according to the Indian Council of Medical Research Guideline 2010.

† Amino Acid, Vitamin & Minerals are not separately added; these are occurred in natural resources.

**RDA not established.



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SUPREME MASS GAINER



₹ 4499/-

Net. Wt.: 6lbs

54 Servings



SUPPLEMENT FACTS

Serving Size: 1 Scoop (50g)

Servings per Container : 54* Approx



	AMOUNT PER SERVING	Per 100g
Energy (kcal)	379.3 kcal	383.3
Protein (g)	30g	69.6
Total Carbohydrate (g)	61 g	9.09
Sugars (g)	4g	0
Total fat (g)	1.7 g	7.57
Saturated Fat (g)	0.6 g	3.63
Dietary Fiber (mg)	2.5 g	9090
Glutamine	3 g	151
Zinc (mg)	21mg	45.4

*Percent Daily Value are based on recommended daily allowances as per serving size according to the Indian Council of Medical Research Guideline 2010.

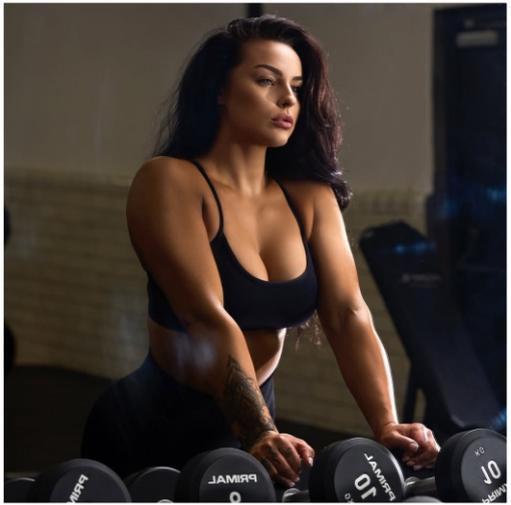
† Amino Acid, Vitamin & Minerals are not separately added; these are occurred in natural resources.

**RDA not established.



Chocolate
NATURALLY & ARTIFICIAL FLAVOUR

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MUSCLE
MUSCLE
TM
SQUAD NUTRITION